

## Finding a Lead Maternity Carer

A lead maternity carer (LMC) can be an independent midwife, a hospital/community midwife, or a private obstetrician. It is the LMC's role to manage your care throughout your pregnancy and immediately after you've given birth. We recommend you get a midwife from around 10 weeks.

An independent midwife will care for you during your whole pregnancy, however they can get booked up early. Hospital midwives are always available but you may see a different midwife each visit as they work in a team. It may be easier to access an obstetrician with hospital midwives.

Midwives are fully funded and provide free obstetrics care for NZ residents. Private obstetricians are not funded and cost applies.

For more information about maternity care in NZ visit: [www.healthpoint.co.nz/maternity/](http://www.healthpoint.co.nz/maternity/)

### Independent Midwives

- [www.findyourmidwife.co.nz/](http://www.findyourmidwife.co.nz/)

- [www.healthpoint.co.nz/maternity/](http://www.healthpoint.co.nz/maternity/)

Gina Meredith (021497422)

Vanessa Bowden 021 877 390 (Green bay & Hillsborough),

Penelope Harrison (0294 836 741 - Mellons Bay),

Jo Mendoza (021 962 737 - Mt Wellington),

Paddie Hughes (027 651 2870 - Onehunga),

Leonie Bowley (021 241 2599 - Royal Oak & Sandringham)

### Hospital/Community Midwives

#### Auckland District Health Board Area

Walk-in centre at Greenlane Hospital, provides free midwifery advice and information. You can also contact by phone or email. Expect to be contacted by a midwife within two weeks for an appointment.

Location: Maternity Outpatients, Building 4, 6th floor, Greenlane Clinical Centre

Walk-in Hours: 10am - 2pm (closed on public holidays)

Phone: (09) 623 6455

Freephone: 0800 4BIRTH (0800 424 784)

Email: [walkincenter@adhb.govt.nz](mailto:walkincenter@adhb.govt.nz)

#### Counties Manukau District Health Board Area

There are three birthing units for those in the Middlemore Hospital region. Call the hospital maternity administration or contact your preferred birthing centre directly.

Maternity Administration at Middlemore Hospital: (09) 276 0187

Botany Downs Primary Birthing Unit: (09) 534 6063, 292 Botany Road, Golflands

Papakura Primary Birthing Unit: (09) 299 9102, 2 Clevedon Road, Papakura

Pukekohe Primary Birthing Unit: (09) 237 0640, 1 Tuakau Road, Pukekohe

### Private Obstetricians

Origins Obstetrics - e.g.

Nicholas Walker or Dereck Souter

443 Mount Eden Road, Mt

Eden, web:

[www.origins-obgyn.co.nz](http://www.origins-obgyn.co.nz),

Ph: 09 630-8270

AOC Auckland Obstetrics

Centre - e.g. Lynda Batcheler or Tim Dawson

20 Titoki Street, Parnell,

web: [www.obstetrics.co.nz](http://www.obstetrics.co.nz),

Ph: 09 367 1200

Birthingright - e.g. Khaldoun

Aweidah or Elizabeth Curr Level 2, Ascot Central, 7

Ellerslie Racecourse Drive,

web: [www.birthingright.co.nz](http://www.birthingright.co.nz),

Ph: 09 523 1992