**EAR SUCTION**

from aucklandhearing.co.nz June 2014

An ear nurse will offer you safe removal of ear wax or other debris blocking the ear canal using a microscope and gentle micro-suction. Suctioning is less traumatic than syringing and has a lower risk of infection. Ear nurse specialists are trained in ear health.

Please do not use drops or oil in ears before suctioning. Sometimes the use of eardrops can cause earwax to become too soft and stick to the eardrum, and it becomes more uncomfortable to remove.

**Central Auckland**

Lesley Tuck (Thursdays)

155 Remuera Rd, Remuera.

Adults $48. ACC & War Veterans - no surcharge

Ph: 529-5550, mobile: 0273 500 004

Margot Miller

Onehunga Accident and Medical, Corner Church and Selwyn St, Onehunga

Adults $48 (Tuesday and Wednesday)

Ph: 09 634-5184

Rachelle Alexander - Ear Health

26 Surrey Cresent, Grey Lynn. Tuesday & Saturday (morning)

215 Kepa Rd, Orakei. Thursday 8am to midday

188 St Heliers Bay Rd, St Heliers. Friday 8am - Midday

Ph: 09 361 3838

Adults $50 ACC $35 Veterans affairs: Free

Professional Ear Care - Barbara Middleton (can see children)

139 Remuera Rd, Remuera

Ph: 09 834 4446

Monday, Wednesday and alternate Saturdays

Hearing Association Auckland - Marlene and Jane

8 St Vincent Ave, Remuera

Ph: 09 524-9847

Tuesday, Wednesday + Thursday

Bloom Hearing Specialists - Rita & Melitta (Mon & Wed)

122 Remuera Road, One Health Building

Ph 520 0533

**East and South**

Debby Sandow (can see children)

50 O’Halloran road Howick

Fee: $40.00. ACC & War Veterans - no surcharge

Ph 09 537 4166 or 0274 427040

Carol Lazarus - Ear Nurse Specialist

Takanini - Mondays. 26 Balgowan Terrace, Conifer Grove

Pakuranga/ Takanini (170 King Street / 26 Balgowan Terrace, Conifer Grove) - alt. Fridays 10am to 4pm

Ph: 0800 111 565 or Mb 021 1658 556

Susan Hatch

Pukekohe Family Health Centre, 10 West Street, Pukekohe

PH: 09 237 0280

Monday Tuesday and Thursday

South Auckland Ears - Ian Fitzgerald

157 Great South Road, Takanini, Auckland. Next to CNS Chiropractic.

Tuesday, Wednesday and Friday evenings from 6.20pm to 8pm.

Saturdays from 8am to 1.40pm.

Charges: Adults $50.00, Senior Citizens $40.00, children $35.00.

Phone or text Ian on 021 540 535. Email: i535fitzgerald@hotmail.com

**North and West**

Nurse Specialist Ear Clinics - Margaret Couillault

110 Unsworth Drive, Albany. Tuesday, Wednesday & Thursday

Ph: 09 634 0893

Nurse Specialist Ear Clinics

Silverdale Medical Centre, Room 1 Specialty Services

Cnn Main Highway and Millwater Parkway, 9 Polarity Rise, Silverdale.

Ph: 09 634 0893. Alternate Friday mornings

Professional Ear care

Barbara Middleton and Kahn Bury (Friday) - both can see children.

Westcare Specialist Centre, 1 Moselle Ave, Henderson

Ph: 09 834 4446. Wednesday and Friday

**Auckland Wide**

Ear suction Clinic - Auckland Wide. Carol Lazarus - Ear Nurse Specialist

Please call for an appointment, Ph: 0800 111 565 or Mb 021 1658 556

Venues are subject to change depending on demand:

* Takanini - Mondays 9am to 4pm. 26 Balgowan Terrace, Conifer Grove
* Howick / Henderson- alternating Tuesdays 9am to 4pm. 12A Inverness Road / 24 Moore Street
* Papakura / Pukekohe - alt. Wednesdays 9am to 4pm. 5 Vitasovich Road, Plaza/24 Hurstmere Road
* Manukau / New Lynn - alt. Thursdays 9am to 4pm. 14 Maheke Road / 1/4 Stokes Road
* Pakuranga/ Takanini - alt. Fridays 9am to 4pm. 170 King Street / 26 Balgowan Terrace, Conifer Grove

**Auckland DHB Ear Clinics (Children ONLY)**

The ear nurse service is available (and free) to all children living in the Auckland District Health Board area. There are two options to access this service:

* Ear Clinic Greenlane Clinical Centre (9am to 2:30pm)
* Mobile Ear Clinic - which visits some schools in the area.

Services provided by Mobile Ear Clinics are:

* Glue ear assessment and management
* Wax/foreign-body removal
* Grommets checks
* Treatment of discharging ear(s)
* NB: NO hearing tests are performed in the Mobile Ear Clinic.

Who Can Refer: General Practitioners, parents/caregivers.

For mobile ear clinics parents please phone Child & Youth Health Team (09) 639 0216.

GP can send referral to Audiology, Greenlane Clinical Centre.